# 詳細献立表（Aコース）

Aコース：2024年8月28日（水）
Bコース：2024年8月28日（水）
Cコース：2024年8月28日（水）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【キムチ丼の具】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚もも小間切れ | 20 | 25 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 豚肩小間切れ | 35 | 43.8 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| しょうが | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんにく | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白菜キムチ | 20 | 25 | | | | ● | | | | | | | | ● | | | | | ● | | | | | | ● | | | | | | | ● |
| にら | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 清酒 | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 0.3 | 0.38 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 三温糖 | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.05 | 0.06 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 酢 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま油 | 0.7 | 0.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 【春雨サラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 緑豆春雨 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| もやし | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 小松菜 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 2.5 | 3.13 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 上白糖 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 酢 | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【冬瓜スープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| とうがん | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 7 | 8.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華スープの素 | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| とりがらスープの素 | 2.2 | 2.75 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● |
| 塩 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 水 | 121.8 | 152 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年8月29日（木）
Bコース：2024年9月20日（金）
Cコース：2024年9月10日（火）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【白身魚の中華あんかけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かれい澱粉付き(40g) | 40 | 0 | ▲ | | ▲ | ▲ | | | ▲ | | ▲ | | ▲ | ▲ | | | | | | | | | | | ▲ | | | | ▲ | ▲ | ● | |
| かれい澱粉付き(50g) | 0 | 50 | ▲ | | ▲ | ▲ | | | ▲ | | ▲ | | ▲ | ▲ | | | | | | | | | | | ▲ | | | | ▲ | ▲ | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 1.6 | 1.9 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 2.8 | 3.4 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| トマトケチャップ | 1.6 | 1.9 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 酢 | 1 | 1.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 0.3 | 0.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【もやしのナムル】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ほうれん草(冷凍) | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| もやし | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(ナムル) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| 【クッパ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚ひき肉 | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にら | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| カットわかめ(外国産) | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま油 | 0.9 | 1.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| にんにく | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 中華スープの素 | 1.3 | 1.63 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| 濃口醤油 | 2.3 | 2.88 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 138.28 | 173 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年8月30日（金）
Bコース：2024年9月27日（金）
Cコース：2024年9月6日（金）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【お魚ナゲット】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| お魚ナゲット（20g） | 40 | 40 | ▲ | ▲ | ▲ | ● | | | ▲ | | ▲ | | ▲ | ▲ | | | | | | ▲ | ▲ | ▲ | ▲ | | ● | | ▲ | | ▲ | | ● | |
| 【きゅうりのサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| きゅうり | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング（具だくさん玉ねぎ） | 5 | 6.25 | | | | ● | | | | | | | | | | | | | ● | | | | | | ● | | | | | | | ● |
| 【大豆ミートのキーマカレー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんにく | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| しょうが | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚ひき肉 | 20 | 25 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 大豆ミート | 9 | 11.3 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| ゆで大豆（冷凍） | 35 | 43.8 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 玉ねぎ | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ピーマン | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| トマトケチャップ | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中濃ソース | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ウスターソース | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 赤ワイン | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| スキムミルク | 2 | 2.5 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 2.5 | 3.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.9 | 1.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| カレー粉 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ロースト小麦 | 3 | 3.75 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 水 | 35 | 43.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月2日（月）
Bコース：2024年8月29日（木）
Cコース：2024年9月30日（月）

久喜市立学校給食センター

| 食品名 | 1人分小（g） | 1人分中（g） | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【かつおの照り焼き】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かつお切身(40g) | 40 | 0 | ▲ | | ▲ | ▲ | | | ▲ | | ▲ | | ▲ | ▲ | | | | | | | | | | | ▲ | | | | ▲ | ▲ | ● | |
| かつお切身(50g) | 0 | 50 | ▲ | | ▲ | ▲ | | | ▲ | | ▲ | | ▲ | ▲ | | | | | | | | | | | ▲ | | | | ▲ | ▲ | ● | |
| スプレーオイル（なたね油） | 0.3 | 0.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんにく | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| しょうが | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 0.3 | 0.37 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 2.8 | 3.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 本みりん | 2.5 | 3.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【ぶた肉となすのみそ炒め】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 20 | 25 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| しょうが | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| なす | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| みそ(赤) | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 濃口醤油 | 0.4 | 0.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 清酒 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華スープの素 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| 【きのこのすまし汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かまぼこ(チルド・千切り) | 8 | 10 | | | | ▲ | | | | | | | | | | | | | | | | | | | ▲ | | | | | | | ● |
| しめじ（カット） | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| えのきたけ（カット） | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 豆腐(冷凍・サイコロ) | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 塩 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 薄口醤油 | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 清酒 | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 120.3 | 150 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【アセロラゼリー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| アセロラゼリー | 40 | 40 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月3日（火）
Bコース：2024年9月19日（木）
Cコース：2024年9月11日（水）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【黒パン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 黒パン(50g) | 50 | 0 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 黒パン(70g) | 0 | 70 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【フライドポテトカレー風味】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| フレンチフライポテト | 70 | 87.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 米油 | 7 | 8.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.25 | 0.31 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| カレー粉 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【とり肉のトマト煮】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 20 | 25 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 玉ねぎ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| なす | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| トマトダイスカット | 18 | 22.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんにく | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| オリーブオイル | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトケチャップ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.15 | 0.19 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【具だくさんコンソメスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 7 | 8.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| ブロッコリー(冷凍) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| フランクフルト(カット) | 10 | 12.5 | | | | ▲ | | | | | | | | | | | | | | ▲ | ▲ | ● | | | ▲ | | | | | | | ● |
| コンソメ | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白ワイン | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.7 | 0.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 0.7 | 0.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 124.59 | 156 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月4日（水）
Bコース：2024年9月13日（金）
Cコース：2024年9月12日（木）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ソフトめん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ソフトめん(70g) | 70 | 0 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ソフトめん(100g) | 0 | 100 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【魚と野菜のメンチカツ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 魚と野菜のメンチカツ(40g) | 40 | 0 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | ● | |
| 魚と野菜のメンチカツ(60g) | 0 | 60 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | ● | |
| 米油 | 4 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中濃ソース(ボトル) | 5 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【フレンチサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| きゅうり | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| ドレッシング(クリーミーフレンチ) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【梨入り肉みそソース】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚ひき肉 | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 大豆ミート | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 玉ねぎ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 炒め玉ねぎ(冷凍) | 16 | 20 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 梨 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆板醤 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 三温糖 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 0.6 | 0.75 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| みそ(赤) | 9 | 11.3 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 甜麺醤 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | ● | | ● | |
| 中華スープの素 | 1.8 | 2.25 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| トマトケチャップ | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 2.5 | 3.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 100 | 125 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月5日（木）
Bコース：2024年9月6日（金）
Cコース：2024年9月27日（金）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【あじのごまがらめ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| あじ澱粉付き(40g) | 40 | 0 | ▲ | | ▲ | ▲ | | | ▲ | | ▲ | | ▲ | ▲ | | | | | | | | | | | ▲ | | | | ▲ | ▲ | ● | |
| あじ澱粉付き(50g) | 0 | 50 | ▲ | | ▲ | ▲ | | | ▲ | | ▲ | | ▲ | ▲ | | | | | | | | | | | ▲ | | | | ▲ | ▲ | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま(白・いり) | 1.5 | 1.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 濃口醤油 | 1.7 | 2.1 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 上白糖 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 4.8 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【切干大根の煮物】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 切干大根 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 鶏胸小間 | 8 | 10 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 油揚げ(スライス) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 三温糖 | 1.1 | 1.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 2.1 | 2.63 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 本みりん | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【あおさのみそ汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| あおさのり(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 大根 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| みそ（けいわ） | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| みそ(白) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 煮干しパック | 2 | 2.5 | ▲ | ▲ | | | | | | | ▲ | | | ▲ | | | | | | | | | | | | | | | | | | ● |
| 水 | 126 | 158 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月6日（金）
Bコース：2024年9月4日（水）
Cコース：2024年9月9日（月）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【とり肉の香味焼き】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸切り身（50g） | 50 | 0 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 鶏胸切り身（60g） | 0 | 60 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 塩 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 清酒 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 3.75 | 4.69 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 3 | 3.75 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 清酒 | 2.25 | 2.81 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| しょうが | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ごま油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| じゃがいも澱粉 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【キャベツと菊花の煮びたし】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 23 | 28.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 油揚げ(スライス) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 干菊 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 濃口醤油 | 3.1 | 3.88 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしパック(鰹・鯖) | 0.2 | 0.25 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 8.4 | 10.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【なすと厚揚げのみそ汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| なす | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 生揚げ(カット) | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 米油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| みそ(白) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| みそ（けいわ） | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 煮干粉 | 1 | 1.25 | | | | | | | | | | | | ▲ | | | | | | | | | | | | | | | | | ● | |
| 水 | 119.2 | 149 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【のりふりかけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ふりかけ(のり) | 2 | 2 | ▲ | ▲ | | | | | | | | | ▲ | | | | | | | | | | | | | | | | | | | ● |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月9日（月）
Bコース：2024年8月30日（金）
Cコース：2024年9月2日（月）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【揚げどりの梨みそだれがけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸肉下味澱粉付き(50g) | 50 | 0 | ▲ | ▲ | ▲ | ● | | | ▲ | | | | | ▲ | ▲ | | | | ▲ | ▲ | ● | ▲ | ▲ | | ● | | | | ▲ | | ● | |
| 鶏胸肉下味澱粉付き(60g) | 0 | 60 | ▲ | ▲ | ▲ | ● | | | ▲ | | | | | ▲ | ▲ | | | | ▲ | ▲ | ● | ▲ | ▲ | | ● | | | | ▲ | | ● | |
| 米油 | 5 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 梨 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんにく | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| みそ(赤) | 2.6 | 3.25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 上白糖 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 0.4 | 0.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 酢 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま油 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 水 | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【きんぴらごぼう】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| さつまあげ(冷凍) | 10 | 12.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 冷凍ごぼう(千切り・金平用) | 18 | 22.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| こんにゃく(突きこんにゃく) | 7 | 8.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま油 | 0.7 | 0.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 三温糖 | 1.3 | 1.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 清酒 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 2 | 2.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 水 | 9 | 11.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【里芋のとん汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 冷凍里芋(カット) | 22 | 27.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 大根 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| みそ(けいわ) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| みそ(白) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 煮干しパック | 2 | 2.5 | ▲ | ▲ | | | | | | | ▲ | | | ▲ | | | | | | | | | | | | | | | | | | ● |
| 水 | 100 | 125 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月10日（火）
Bコース：2024年9月26日（木）
Cコース：2024年9月18日（水）

久喜市立学校給食センター

| 食品名 | 1人分小（g） | 1人分中（g） | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【食パン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 食パン(50g) | 50 | 0 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 食パン(70g) | 0 | 70 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【さけフライトマトソースがけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鮭フライ(40g) | 40 | 0 | ▲ | | ▲ | ● | | | ▲ | | | | ● | | | | | | | | | | | | ● | | | | | | ● | |
| 鮭フライ(50g) | 0 | 50 | ▲ | | ▲ | ● | | | ▲ | | | | ● | | | | | | | | | | | | ● | | | | | | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトピューレ（地場産） | 3.2 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| トマトピューレ | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトダイスカット | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 赤ワイン | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【チンゲン菜のサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| チンゲン菜 | 17 | 21.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング（イタリアン） | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【かぼちゃスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かぼちゃペースト | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| かぼちゃ（カット） | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 玉ねぎ | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| パセリ(乾) | 0.03 | 0.04 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 調理用牛乳 | 30 | 37.5 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| スキムミルク | 2 | 2.5 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 1.4 | 1.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| とりがらスープの素 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● |
| ミルクカルシウム | 0.5 | 0.63 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| ロースト小麦 | 4 | 5 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 水 | 65.66 | 82.1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 調理用バター | 2.4 | 3 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| 生クリーム | 1 | 1.25 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【チョコレートジャム】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| チョコレートジャム（15g） | 15 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月11日（水）
Bコース：2024年9月24日（火）
Cコース：2024年9月5日（木）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【中華めん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 中華めん(70g) | 70 | 0 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華めん(100g) | 0 | 100 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【棒ぎょうざ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 棒ぎょうざ(30g) | 30 | 0 | ▲ | ▲ | | ● | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ▲ | | ● | |
| 棒ぎょうざ(40g) | 0 | 40 | ▲ | ▲ | | ● | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ▲ | | ● | |
| スプレーオイル（なたね油） | 0.5 | 0.6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【小松菜の酢じょうゆ和え】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 小松菜 | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 2 | 2.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 酢 | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【五目ラーメン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| なると(冷凍) | 10 | 12.5 | | ▲ | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| チンゲン菜 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 千切りきくらげ | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| とりがらスープの素 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● |
| 米油 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 8 | 10 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 中華スープの素 | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| 三温糖 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 151 | 189 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月12日（木）
Bコース：2024年9月17日（火）
Cコース：2024年9月13日（金）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【つくねの生姜だれがけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| レバー入り白ごまつくね(20g) | 40 | 40 | ▲ | ▲ | ▲ | ● | | | ▲ | | ▲ | | ▲ | ▲ | | | ▲ | | ▲ | ▲ | ● | ● | ▲ | | ● | | ▲ | | ● | | ● | |
| しょうが | 0.3 | 0.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 2 | 2 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 上白糖 | 0.8 | 0.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 1.5 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 0.3 | 0.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 5.5 | 5.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【とんこつ煮】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 20 | 25 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 清酒 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| しょうが | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 冷凍さやいんげん(カット) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| こんにゃく(突きこんにゃく) | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| みそ(赤) | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 濃口醤油 | 0.6 | 0.75 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 和風だし | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 豚骨ラーメンスープ | 2 | 2.5 | | | | ● | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| 水 | 3.5 | 4.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【豆腐のみそ汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| カットわかめ(外国産) | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 冷凍カットポテト(ダイス) | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| みそ(けいわ) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| みそ(白) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 煮干しパック | 2 | 2.5 | ▲ | ▲ | | | | | | | ▲ | | | ▲ | | | | | | | | | | | | | | | | | | ● |
| 水 | 118 | 148 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月13日（金）
Bコース：2024年9月11日（水）
Cコース：2024年9月17日（火）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【さんまフライ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| さんま開きフライ(40g) | 40 | 0 | ▲ | | ▲ | ● | | | ▲ | | ▲ | | ▲ | ▲ | | | | | | | | | | | ● | | | | ▲ | ▲ | ● | |
| さんま開きフライ(50g) | 0 | 50 | ▲ | | ▲ | ● | | | ▲ | | ▲ | | ▲ | ▲ | | | | | | | | | | | ● | | | | ▲ | ▲ | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中濃ソース(ボトル) | 5 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【里芋のそぼろ煮】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏むねひき肉 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 冷凍里芋(カット) | 50 | 62.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 三温糖 | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 2 | 2.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 清酒 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【お月見汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| （冷凍）お月見汁用団子 | 27 | 33.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 小松菜 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 油揚げ(スライス) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 濃口醤油 | 5.5 | 6.88 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 119.2 | 149 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【十五夜ゼリー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| お月見ゼリー | 40 | 40 | | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | ● | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月17日（火）
Bコース：2024年9月12日（木）
Cコース：2024年9月25日（水）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【コッペパン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| コッペパン(50g) | 50 | 0 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| コッペパン(70g) | 0 | 70 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【ハンバーグバーベキューソースがけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ハンバーグ(50g) | 50 | 0 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | | | | ● |
| ハンバーグ(60g) | 0 | 60 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | | | | ● |
| にんにく | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| オリーブオイル | 0.24 | 0.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトケチャップ | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中濃ソース | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ウスターソース | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 0.2 | 0.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 水 | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【フルーツポンチ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| パインアップル(レトルト) | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| みかん(レトルト) | 10 | 12.5 | | | | | | | | | | | | | | | | ▲ | | | | | | | | | | | | | | ● |
| ダイスゼリー(巨峰) | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ダイスゼリー(シャインマスカット) | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【ポトフ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| フランクフルト(カット) | 10 | 12.5 | | | | ▲ | | | | | | | | | | | | | | ▲ | ▲ | ● | | | ▲ | | | | | | | ● |
| 玉ねぎ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| じゃがいも | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 塩 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白ワイン | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 125.38 | 157 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月18日（水）
Bコース：2024年9月30日（月）
Cコース：2024年9月19日（木）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【中華めん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 中華めん(70g) | 70 | 0 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華めん(100g) | 0 | 100 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【豆腐入りしゅうまい】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆腐しゅうまい(20g) | 40 | 0 | ▲ | ▲ | | ● | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ▲ | | ● | |
| 豆腐しゅうまい(30g) | 0 | 60 | ▲ | ▲ | | ● | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ▲ | | ● | |
| 【海そうサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 海藻ミックス | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| きゅうり | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| ドレッシング(中華) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | ● | | ● | | | | ● | | | | ● | | | ● |
| 【ちゃんぽんめん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 20 | 25 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| にんにく | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| しょうが | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かまぼこ(チルド・千切り) | 5 | 6.25 | | | | ▲ | | | | | | | | | | | | | | | | | | | ▲ | | | | | | | ● |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 豚骨ラーメンスープ | 12 | 15 | | | | ● | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| とりがらスープの素 | 3 | 3.75 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● |
| みそ(赤) | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 152.08 | 190 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月19日（木）
Bコース：2024年9月18日（水）
Cコース：2024年9月3日（火）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【さばのみぞれがけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| さば切身一塩(40g) | 40 | 0 | | | | ▲ | | | | | | | ▲ | ● | | | | | | | | | | | ▲ | | | | | | ● | |
| さば切身一塩(50g) | 0 | 50 | | | | ▲ | | | | | | | ▲ | ● | | | | | | | | | | | ▲ | | | | | | ● | |
| 大根 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 1.5 | 1.88 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 本みりん | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 酢 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【こんにゃくの炒め煮】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| にんじん | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| さつまあげ(冷凍) | 10 | 12.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| こんにゃく(突きこんにゃく) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 冷凍さやいんげん(カット) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 三温糖 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 清酒 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 2 | 2.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 水 | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【かぼちゃと玉ねぎのみそ汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 玉ねぎ | 17 | 21.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かぼちゃ(カット) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| みそ(白) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| みそ(けいわ) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 煮干しパック | 2 | 2.5 | ▲ | ▲ | | | | | | | ▲ | | | ▲ | | | | | | | | | | | | | | | | | | ● |
| 水 | 119 | 149 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月20日（金）
Bコース：2024年9月9日（月）
Cコース：2024年8月29日（木）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【地粉うどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 地粉うどん(70g) | 70 | 0 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 地粉うどん(100g) | 0 | 100 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【さつまいもの天ぷら（卵含む）】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| さつまいも天ぷら用輪切皮付き(20g) | 20 | 20 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 天ぷら粉 | 7 | 7 | | | ● | ● | | | ▲ | | | | | ▲ | | | | | | | ▲ | | ▲ | | ▲ | | ▲ | | ▲ | | | ● |
| 薄力粉 | 1 | 1 | | | ▲ | ● | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.04 | 0.04 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 7 | 7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 2 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【もやしとじゃこの和え物】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ちりめんじゃこ | 2 | 2.5 | ▲ | ▲ | | | | | | | ▲ | | | ▲ | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 2.5 | 3.13 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 清酒 | 1.4 | 1.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしパック(鰹・鯖) | 0.2 | 0.25 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【かやくうどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 18 | 22.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 生揚げ(カット・サイコロ型) | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| かまぼこ(チルド・千切り) | 10 | 12.5 | | | | ▲ | | | | | | | | | | | | | | | | | | | ▲ | | | | | | | ● |
| 玉ねぎ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 薄口醤油 | 12.5 | 15.6 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 本みりん | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| 水 | 125 | 156 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月24日（火）
Bコース：2024年9月5日（木）
Cコース：2024年9月4日（水）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【コッペパン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| コッペパン(50g) | 50 | 0 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| コッペパン(70g) | 0 | 70 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | | ● | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【野菜コロッケ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 野菜コロッケ（40g） | 40 | 0 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | ● | |
| 野菜コロッケ（60g） | 0 | 60 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | ● | |
| 米油 | 4 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中濃ソース(ボトル) | 5 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【三色ソテー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| むき枝豆(冷凍) | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| にんじん | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 米油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【ミルクスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 米油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ほうれん草(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 冷凍カットポテト(ダイス) | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| スキムミルク | 2.2 | 2.75 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| 調理用バター | 1 | 1.25 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| 調理用牛乳 | 25 | 31.3 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 塩 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 2.4 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ミルクカルシウム | 0.5 | 0.63 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 1.3 | 1.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 95.78 | 120 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月25日（水）
Bコース：2024年9月2日（月）
Cコース：2024年9月26日（木）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【地粉うどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 地粉うどん(70g) | 70 | 0 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 地粉うどん(100g) | 0 | 100 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【サモサ風春巻き】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| サモサ春巻(40g) | 40 | 0 | ▲ | ▲ | | ● | | | ▲ | | ▲ | | ▲ | | ▲ | | | | | | ▲ | ▲ | | | ▲ | | | | ● | | ● | |
| サモサ春巻(50g) | 0 | 50 | ▲ | ▲ | | ● | | | ▲ | | ▲ | | ▲ | | ▲ | | | | | | ▲ | ▲ | | | ▲ | | | | ● | | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【小松菜のみそドレッシング和え】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 小松菜 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| みそ（けいわ） | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 酢 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 1.8 | 2.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま（白・すり） | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 水 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【カレーうどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 18 | 22.5 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 玉ねぎ | 18 | 22.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | | | ● |
| カレーフレーク(Fe) | 4.1 | 5.13 | | | | ● | | | | | | | | | | | | | | | ● | | | | ● | | | | | | | ● |
| カレーフレーク(卵・乳不使用)やさいカレー | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 5.5 | 6.88 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 三温糖 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 144.6 | 181 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月26日（木）
Bコース：2024年9月10日（火）
Cコース：2024年9月20日（金）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【ポークチャップ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚もも小間切れ | 20 | 25 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 豚肩小間切れ | 35 | 43.8 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 玉ねぎ | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖 | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトケチャップ | 14.4 | 18 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ウスターソース | 4.8 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白ワイン | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 3.2 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【ポテトの洋風煮】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| じゃがいも | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 冷凍カットポテト(ダイス) | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| パセリ(乾) | 0.05 | 0.06 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ショルダーベーコン | 5 | 6.25 | | | | ▲ | | | | | | | | | | | | | | ▲ | ▲ | ● | | | ▲ | | | | | | | ● |
| 米油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 薄口醤油 | 1 | 1.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| コンソメ | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【ジュリエンヌスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 0.7 | 0.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 2.5 | 3.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白ワイン | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.7 | 0.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 125.09 | 156 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月27日（金）
Bコース：2024年9月3日（火）
Cコース：2024年8月30日（金）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【海鮮チヂミ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 海鮮チヂミ(40g) | 40 | 0 | | | ▲ | ● | | | ▲ | | ● | | | ▲ | | | | | | | ▲ | ▲ | | | ● | | ▲ | | | | ● | |
| 海鮮チヂミ(50g) | 0 | 50 | | | ▲ | ● | | | ▲ | | ● | | | ▲ | | | | | | | ▲ | ▲ | | | ● | | ▲ | | | | ● | |
| 【中華サラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| きゅうり | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(中華) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | ● | | ● | | | | ● | | | | ● | | | ● |
| 【マーボー豆腐】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚ひき肉 | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 60 | 75 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| にんじん | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 玉ねぎ | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| しょうが | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| みそ(赤) | 4.4 | 5.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 濃口醤油 | 1.8 | 2.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 上白糖 | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華スープの素 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| ごま油 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 豆板醤 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| オイスターソース | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）

# 詳細献立表（Aコース）

Aコース：2024年9月30日（月）
Bコース：2024年9月25日（水）
Cコース：2024年9月24日（火）

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 前期 |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 60 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | ▲ | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | |
| 【とり肉の塩から揚げ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏むね肉切り身(30g) | 60 | 0 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 鶏むね肉切り身(35g) | 0 | 70 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| にんにく | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 0.4 | 0.5 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 清酒 | 1.5 | 1.9 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.3 | 0.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 0.3 | 0.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 9 | 11 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 6 | 7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【中華丼の具】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | |
| にんじん | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 1 | 1.25 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| 塩 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華スープの素 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| じゃがいも澱粉 | 0.9 | 1.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 2.5 | 3.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【トック入り中華スープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 小松菜 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| カットわかめ(外国産) | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トック | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華スープの素 | 1.3 | 1.63 | | | | | | | | | | | | | | | | | | | ● | ● | | | ● | | | | ● | | | ● |
| とりがらスープの素 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● |
| 塩 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 3 | 3.75 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | ● |
| ごま油 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | ● |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 131.99 | 165 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合（コンタミネーション）